



Every Move We Make...

is for African grandmothers
For the Love of Grandmothers Fitness Challenge
details: fortheloveofgrandmothers.weebly.com



- Choose your commitment how far, how often?
- Choose your challenge - group or individual?
- Choose your timing and your fundraising goal
- Join the team
- Open your fundraising page
- Ask friends and family for donations
- Get a move on!

22/05/01
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22/06/30